

# ADOLESCENCE (MEANING)

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- Refers to the period of development & adjustment during the transitional period between childhood and adulthood.
  - This period emerges from childhood and merges into Adulthood.
  - Period of Revolutionary change
  - MARKDLY a period of growing up ,CHILD develops into MAN OR WOMAN
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# ETYMOLOGICAL MEANING

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- Comes from the word “*Adolescere*”
- *Which means to grow, “to grow to Maturity”*
- *Ranges from 13 to 19*

# DEFINITION

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- **JEAN PIAGET** : Is the age of great ideals as well as the time of simple adaptation to reality.
- **Jersild**: Is that span of years during which boys & girls move from childhood to adulthood-  
Mentally, Socially & Physically.”
- **ROGERS** : As a period which of achieving the attitudes and beliefs needed for effective participation in society

# Stanley Hall has regarded adolescence as

- “period of great stress and strain, Storm and strife.”
- BIGGE & HUNT: “the one word which best characterizes adolescence is “CHANGE”.
- The change is physiological, sociological and psychological.
- Greatly affect whole personality of the individual – most crucial period

# characteristics

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- Rapid physical growth and changes
- Emotional characteristics or changes
- Intellectual or Mental Characteristics of Adolescence
- Social characteristics

# Puberty/Adolescence

- A. Ages – 13 to 19
- B. Beginning of adolescence
- C. Become capable of reproducing
- D. Secondary sex characteristics begin to develop
- E. **Second fastest period of growth**
- F. Hormones develop- estrogen & progesterone-girls & testosterone-boys



# Needs of INDIAN Adolescence

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- Need of freedom from dependence
  - Need of association with the opposite sex
  - Need for self support
  - Need of security
  - Need for self recognition
  - Need for success
  - Need for better food
  - Desire for new experience
  - Need for philosophy of life
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# Stanley hall: stage of stress, storm & strain

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- Most critical stage of persons life
- Also known as stage of identity crises
- At this stage , adolescent face many social, biological, and personal change
- This is the transitional stage: where the person transits from a child to an adult
- Adolescents face many social problem (aggression ,etc)
- Thought becomes more abstract & logical



# BEHAVIOURAL PROBLEMS OF ADOLESCENTS



- ❖ SOCIAL
- ❖ SEX
- ❖ MORAL
- ❖ LACK OF UNDERSTANDING B/W PARENTS & ADOLESCENTS
- ❖ EARLY MATURING & LATE MATURING
- ❖ ROLE CHANGE
- ❖ DISCORDANT FAMILY RELATIONSHIP

- ❖ PEERS
- ❖ ACCEPTANCE
- ❖ EMOTIONALITY
- ❖ IDENTITY CRISIS
- ❖ SELF CONTROL,
- ❖ LEVEL OF ASPIRATION AND ACHIEVEMENT

# SUBSTANCE MISUSE & ADDICTION

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- SERIOUS CHALLENGE (Use of illegal drugs inappropriate use of legal substances— alcohol,tobacco...etc
  - Drug addiction is a disease – affects brain, behaviour, inability to control use of illegal
  - Provide temporary relief, illusion, escape from pain, temporal solution for discomfort.(consuming again & again leads to addiction.)
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# Development of drug addiction

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- For social connect
- From limit to gradual intake
- Need fulfillment
- Getting Hold
- In due course drug abuse can consume

# CAUSES

- PEER PRESSURE
- CURIOSITY
- STRESS
- SELF MEDICATION
- BOREDOM
- IGNORANCE
- REBELLION
- FAMILY STRUCTURE
- MISINFORMATION
- INSTANT PRESSURE
- LACK OF CONFIDENCE
- FEEL OF GROWN UP
- EASY ACCESS
- EXPOSURE
- PARENTAL INFLUENCE

# CONSEQUENCES OF DRUG ABUSE

- MENTAL EFFECT
- DEVELOPMENTAL PROBLEM
- VIOLENCE
- DEATH
- CRIMINAL ACTIVITY
- ACCIDENTS

# ADOLESCENCE CONCERNS: ROLE OF TEACHERS , PARENTS AND PEERS.

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- Emphasis on physical activity & games
  - Provision of sex education
  - Introduction of co-curricular activities
  - Emphasis on manual work
  - Teaching of moral education
  - Democratic atmosphere
  - Guidance & counseling
  - Conducive environment
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- Proper library facilities
  - PTA

# ROLE OF PARENTS

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- PARENTS EXPECTATIONS
- PROVIDING COGENIAL FAMILY ENVIRONMENT
- CONTROLLED DISCIPLINE
- Act as important agency
- Type of family relationship
- Type of home environment
- Impact of working mother on development



# Role of peers



- New social grouping
- Independence and Assertiveness
- An important recreational outlet
- Self control is revised & Reformulated
- Change is social behaviour
- Linking for opposite sex members
- Excellence in Social acceptance
- Prejudices and discrimination
- New values & Leadership behaviour



**THANK YOU**