



GITARATTAN INSTITUTE OF ADVANCED STUDIES & TRAINING

CIRCULAR

Date: 8th October'2021

Dear Trainees

This is to inform you that the Institute is organizing External Workshop on **“Sports & Yoga as Medicines”** to celebrate **World Mental Health Day** by **Mr.Gaurav&Ms.RekhaPawar** on **12th October' 2021** at Google Meet (ONLINE) from 11:00am – 12:00pm.

It is mandatory for all the students to attend the same.

SD/-

GIAST