



# GITARATTAN INSTITUTE OF ADVANCED STUDIES & TRAINING

**ROHINI , DELHI-110085**

**Report on the workshop conducted by  
Gitarattan Institute of Advanced studies and Training, GGSIPU**

**EXTENSION LECTURE**

**ROLE OF  
ARTISTIC  
ACTIVITIES IN  
LIFE SKILLS**

11.00 AM ONWARDS

Saturday February 5 ,  
2022

**Speaker :**  
**Dr. Amit Ahuja**  
Assistant Professor, USE, GGSIPU, Dwarka

Gitarattan Institute of Advanced Studies and Training conducted an extension lecture on 05 february, 2022. The topic was “The role of artistic activities in life skills” for the B.Ed Teacher trainees.

### **About the Speaker**

The extension lecture was delivered by Dr. Amit Ahuja, Assistant Professor, USE, GGSIPU, Dwarka. He is an experienced and one of the finest educators and speakers delivering influential lectures inspiring students to take measures. He delivers forward thinking messages addressing the current need of life skills in education.

The opening of the session was warm and hearty where the speaker gave a brief introduction of life skills aiming at the development of professional and leadership skills, problem-solving, decision solving skills and universal human skills. He emphasized the need for skills based education. The speaker motivated the students and stressed upon focusing on life skills as well. The workshop focused on the life skills that aim at the development of



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- ❖ professional & leadership skills
- ❖ problem- solving
- ❖ decision making
- ❖ universal human values

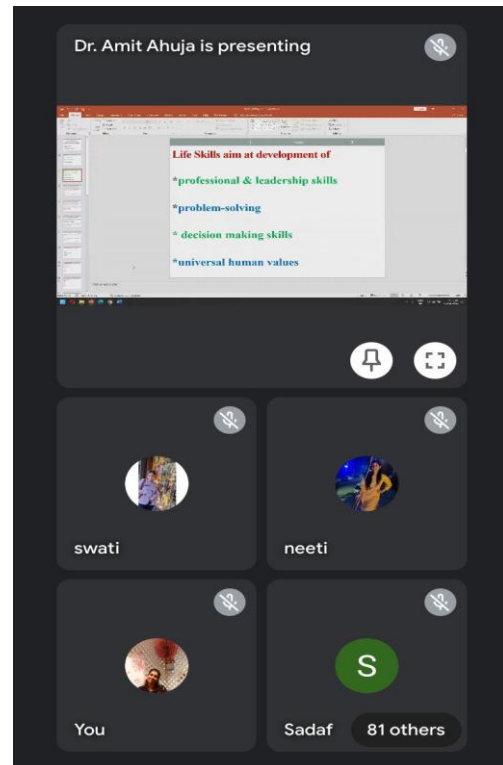
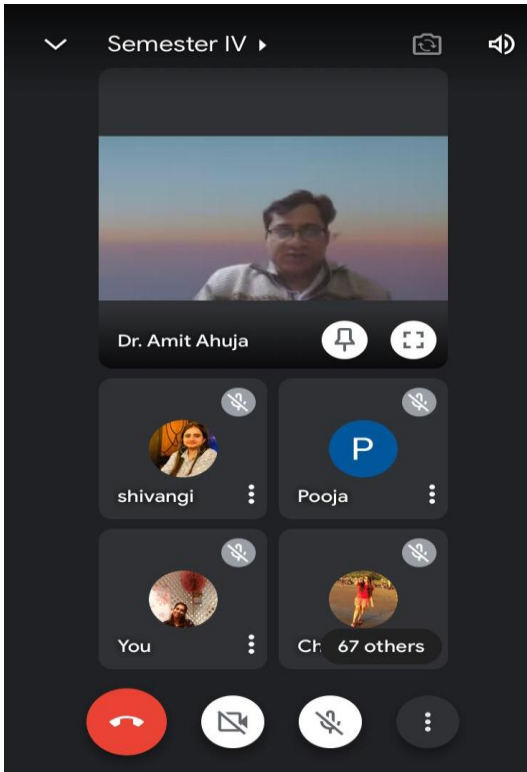
The speaker carried forward with the conversation upon artistic activities such as dance, music and theatre as an integral part of life skills. Further the lecture continued with the discussion on development of various life skills such as self-confidence, dedication, imagination, attentiveness and commitment that can be attained through the artistic activities. The workshop was wrapped up with the questionnaire focusing on the perspective building session on life skills, shared among all, to help the teacher trainees analyze their approach on life skills which was appreciated by all the students. All the students participated with full enthusiasm.

Dr. Shikha Ranjan, Associate professor, GIAST at the end appreciated and encouraged the efforts put by Dr. Amit Ahuja in the smooth conduct of the workshop and showed her willingness about the abundant future opportunities which is certainly motivating and encouraging both for the faculty as well as the students.



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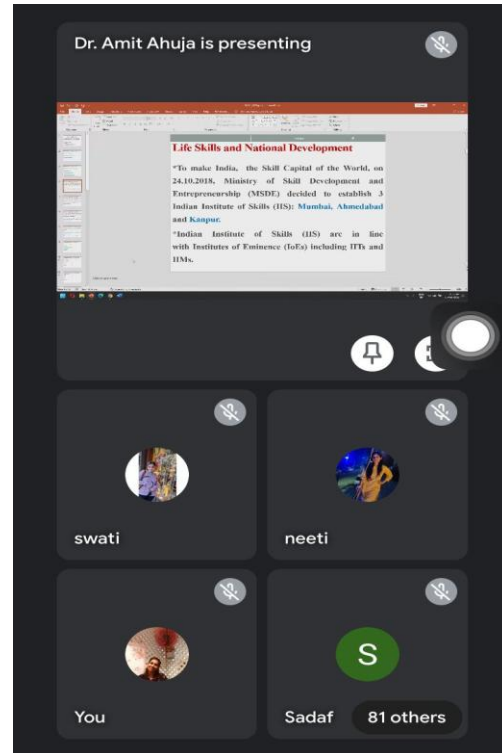
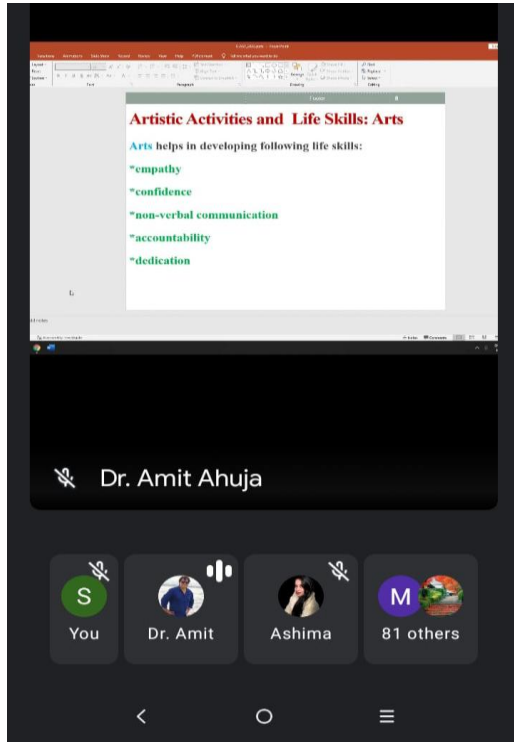
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