



GITARATTAN INSTITUTE OF ADVANCED STUDIES & TRAINING

Eco Club : Green Good Deeds Seed Germination Activity



According to our Hindu scriptures, barley was the first crop after the beginning of creation, so whenever goddesses are worshipped, barley is offered in the havan. It is said to down barley sprouts do not grow in two to three days. It is more than a miracle how seeds sprout in less than Nine Days.

Medically Barley Grass has proven to be a great source of Nutrition as well as lots of health benefits for the human body. And many people drink Barley Grass Juice for their health benefits. It's said to be green blood.

While everyone, everywhere, asserts the importance of 'learning to live sustainably,' environment remains a peripheral issue in the formal schooling system. Students of GIAST have performed germinated seeds of Barley in self-decorated earthen pots and have an add-on to their Good Green Deed.

The Activity was decided keeping in mind the ongoing festival celebration and to empower pupil teacher to participate and take up meaningful environmental activities and projects. The basic aim of the activity was to influence, engage their parents and neighborhood communities to promote sound environmental behavior. It will empower students to explore environmental concepts and actions beyond the confines of a syllabus or curriculum.

The activity will fulfill students desire to have joyful learning and be productive while meeting with friends and to make a positive impact on their local environment and the country.